

PLYMOUTH SOUP RUN

AUTUMN 2015



Preparing for a Monday night ...WMS employees with Maddie and Norma.

Welcome to a new look Soup Run newsletter which hopefully you will find informative, encouraging and inspiring. And thank you for your interest in this very needy and worthy cause. 20 years ago the Salvation Army began serving soup and caring for the hungry and vulnerable. Today the service continues with a vast new army of individuals who donate, collect, prepare and serve all across the city. Local churches, businesses and many other organisations are involved, all making the Plymouth Soup Run accessible to some of the city's most needy 365 days of the year. This Autumn the newsletter focuses primarily on the Hope Baptist Church Team but will hopefully extend across all the Plymouth teams over the course of time.

NEW WEBSITE... We will soon have our own website with detailed information about Soup Run - the history, different groups involved each day of the week, how to help and how to get help, etc.

A big special **THANK YOU** to all those who pulled together to keep things going whilst Maddie was unwell. She's now back in action but we are all very grateful to Kelly, Margaret, Norma and others whose help was invaluable.

JACKETS & SLEEPING BAGS etc... If you have any unwanted winter coats, jackets, gloves, hats, scarves, sleeping bags or blankets they would be very welcome at this time of year. Please bring them to Hope Baptist Church or contact the office on 01752-708090.

CAN YOU HELP / MAKE SOUP?... Hope Baptist team are looking for soup makers to prepare soup preferably on a Monday in preparation for the Monday night team who go out at 8:45pm. Fresh vegetables are delivered in the morning so the soup could be made anytime during the day. If you can help in any way (either as 'head chef' or chopping veg) please contact Maddie on 0773-4007617.



PARTY TIME! If you contribute in any way to Plymouth Soup Run you are warmly invited to join the Christmas Party at Nando's Old Town Street on Friday 4th December at 7pm. There's only places for 32 so it's first come, first served! Please contact Maddie on 0773-4007617.

A community and faith driven service providing free food and hot drinks to homeless, hungry and vulnerable people 365 days a year.



With around 300 employees at their Plymouth based offices, around 20 are part of the team, some of whom have been helping with Soup Run for around 18 months. Preparing soup, packing up pasties, filling flasks and washing up... it's all part of the job. 80 pasties, 40 chicken portions, 80 sandwiches, 80 cakes, fruit, hot drinks, sleeping bags and friendly workers all make for a good night on the streets.

Monday night Soup Run works on a rota system with each team going out around 1 in 6 Mondays. Weston Mortgage Services are just one of the nine Monday teams (see opposite for the full list) who are committed to helping the needy.



For more information about the Hope Baptist Church Soup Run, please contact Madeline Maddison on 0773-4007617.

ANYONE FOR A SWIM?... The First Plymouth Swimarathon will take place at Marjon Sports Centre on Friday 30th October from 5-9pm and Saturday 31st from 9:15am-1:15pm. This is a fun and fund-raising event organised by the Lions Club of Plymouth and supported by Marjons. You don't need to be a fantastic swimmer, just able to swim several lengths of the 25m pool in the allotted time as part of a team. Teams are sponsored to support the Plymouth Soup Run and the Plymouth Women's Refuge. For more information visit marjon.ac.uk/marjon-sport/sports-centre/lions-swimarathon/ or contact Jim Stevens on 01752-930339 or at jst74@hotmail.co.uk.

THANK YOU !

Soup Run would not exist without the support of many individuals, churches any other organisations. Special thanks in this **Monday Hope** focused newsletter are given to the following:

DONORS:

Aldi's, Ginster's Pasties, Nando's Restaurant and Rowe's Bakery.

MONDAY TEAMS:

Architects Design Group (ADG), Hope Baptist Church, Capita, Mark Holt Accountants, Nando's Restaurant, Park Hurst Hill Accountants, Plymouth Round Table, The Royal Navy, Weston Mortgage Services (WMS) and Wrigley's.



Dear Lord...

Thank you that you care for each and every one of us. Thank you for your provision of hot food and drinks on the streets of Plymouth... Amen

To receive a regular copy of the Soup Run Plymouth newsletter or find back issues visit plymouthsoup.run.org.uk and follow newsletter links.